

## Adrenal POWER Powder works quickly

People using Adrenal POWER Powder usually notice a difference in energy almost right away.\* When taken regularly this powerful combination of ingredients works over time to promote healthy adrenal function, stress recovery, and sustained balanced energy.\* Factors that may affect how quickly a person responds include lifestyle, food choices and overall health.\*

## Suggested use

Adrenal POWER Powder contains concentrated nutrients in a powdered form. It tastes best in smoothies, protein shakes, milk (almond, soy, rice, goat or cow) and flavorful juices such as mango or pineapple-coconut. Find the ones that work best for you. Mix or blend ½ to 1 20cc scoop of Adrenal POWER Powder with 8 oz or more of the beverage of your choice. Take once or twice a day as a morning jump start, or as a healthy snack to recharge mid-morning, mid-afternoon, after a workout, or at any other time of the day.\* When you are experiencing low energy during times of stress or adrenal fatigue, use regularly and consistently for optimal results.\*

## Companion Products by Dr. Wilson

*During Adrenal Fatigue:* Response can be deeply enhanced when Adrenal POWER Powder is used in conjunction with a healthy lifestyle and the adrenal products Dr. Wilson designed for his *Program for Adrenal Fatigue*. Adrenal Rebuilder®, Super Adrenal Stress Formula®, Adrenal C Formula® and Herbal Adrenal Support Formula®.\*

## Quality you can trust

Expertly formulated by a physician, Adrenal POWER Powder contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts		
Serving Size 1 scoop	Servings Per Container 30	
	Amount per Serving	% Daily Value
Vitamin A (as <i>retinol palmitate</i> )	2500 IU	50%
Vitamin C (as <i>ascorbic acid</i> )	15 mg	25%
Vitamin D <sub>3</sub> (as <i>cholecalciferol</i> )	200 IU	50%
Vitamin E (as <i>mixed tocopherols</i> )	30 IU	100%
Thiamine (as <i>thiamine HCl</i> )	12.5 mg	833%
Riboflavin (as <i>riboflavin-5-phosphate</i> )	12.5 mg	735%
Niacin (as <i>inositol hexaniacinate</i> )	13 mg	65%
Vitamin B6 (as <i>pyridoxine HCl &amp; P-5-P</i> )	50 mg	2500%
Folic Acid	300 mcg	75%
Biotin	250 mcg	83%
Pantothenic Acid (as <i>calcium pantothenate</i> )	500 mg	5000%
Calcium (as <i>glycerophosphate</i> )	200 mg	20%
Magnesium (as <i>citrate/malate, bisglycinate, asco</i> )	200 mg	50%
Zinc (as <i>ascorbate</i> )	8 mg	53%
Selenium (as <i>selenomethionine</i> )	25 mcg	36%
Copper (as <i>bisglycinate</i> )	0.5 mg	25%
Manganese (as <i>citrate</i> )	5 mg	250%
Chromium (as <i>trivalent chromium chloride</i> )	100 mcg	83%
Sodium (as <i>ascorbate</i> )	10 mg	< 1%
Potassium (as <i>chloride</i> )	2 mg	< 1%
Proprietary Blend	3504.5 mg	‡
Glycine, DL-Phenylalanine, L-Serine, L-Threonine, Pantethine, Choline Bitartrate, L-Tyrosine, EDTA (calcium), Bioflavonoids, Dried Porcine Glandulars (Adrenal, Gonad, Hypothalamus, Pituitary), Dried Plant Extracts (Maca [root], Ashwagandha [root], Licorice [root], Eleuthero [root], Ginger [root], Ginkgo [leaf]), Oat Bran, Kelp		
‡ Daily Value not established		
Other Ingredients: Cane Juice Evaporate, Xylitol, Carob, Maltodextrin, Natural Flavor (tangerine, vanilla custard), Silicon Dioxide, Salt and Carrageenan Gum		
This is a <b>DAIRY-FREE</b> and <b>CAFFEINE-FREE</b> natural product. It contains <b>NO</b> milk, egg, wheat, gluten, nuts, yeast, corn, or artificial coloring, flavoring or preservatives		



90-Day  
Unconditional  
Guarantee

Tell us how Adrenal POWER Powder™ has helped you!  
[cs@drwilsons.com](mailto:cs@drwilsons.com)

To learn more about stress and health, please visit  
[adrenalfatigue.org](http://adrenalfatigue.org)

**Doctor Wilson's**  
Original Formulations®

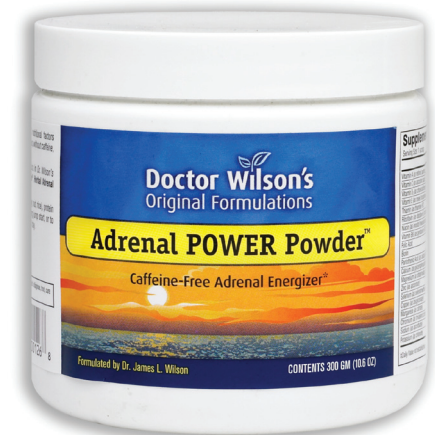
Toll-free US & Canada  
**1-888-ADRENAL (237-3625)**  
[drwilsons.com](http://drwilsons.com)

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**Doctor Wilson's**  
Original Formulations®

# Adrenal POWER Powder™

Energy boost with adrenal  
support for busy people\*



Formulated by  
**Dr. James L. Wilson**

*“I created Adrenal POWER Powder to provide a quick boost of energy and adrenal support at any time of day for busy people who are experiencing stress or adrenal fatigue.”\**

— Dr. James L. Wilson

## Adrenal POWER Powder™

Adrenal POWER Powder is a nutritional supplement created by Dr. James L. Wilson for people on the go who are experiencing stress and/or adrenal fatigue. It is designed to provide a quick energy boost while nourishing and supporting the health of the adrenal and other endocrine glands most affected by stress.\* This unique, powdered formula combines natural flavors and fiber with select ingredients from the 4 very popular products in *Dr. Wilson's Program for Adrenal Fatigue*. These ingredients include glandular concentrates, nutrients and herbs that help promote and support normal, healthy function and structure in stressed and fatigued adrenal glands, as well as in the other endocrine glands involved in the stress response.\* Adrenal POWER Powder can be used alone to help support adrenal function and to generate and maintain energy during and after stress.\* However, it provides optimal support during adrenal fatigue when taken with the products in Dr. Wilson's Program for Adrenal Fatigue: Adrenal Rebuilder®, Super Adrenal Stress Formula®, Adrenal C Formula®, and Herbal Adrenal Support Formula®.\*

## Who Adrenal POWER Powder is designed for

Anyone who would like to have more energy but is experiencing stress, adrenal fatigue or periodic energy lows, or who feels drained by exercise or generally depleted may benefit from taking Adrenal POWER Powder regularly.\* This unique product is designed especially for busy people and is conveniently quick and easy to use.\* People taking this product usually notice a difference almost right away.\*

## The Adrenal Glands and Energy

The adrenal glands play a very complex and critical role in humans and other mammals. Their primary job is to respond to every stress experienced by producing hormones such as adrenaline, cortisol, estrogen, and testosterone that help the body respond to the stress and sustain life, energy and health. For humans these stresses can include a variety of events such as a hard workout, a tough day at the office, an argument or worry about finances, as well as an illness or an injury. In stressful times the adrenal glands can become fatigued, affecting many aspects of health, including energy levels.\* People experiencing adrenal fatigue usually notice that their energy is low, particularly in the morning and mid afternoon, and that they often feel depleted by exercise and do not have their usual stamina. The low energy feeling following an illness or other stressful event is also typically due to lower adrenal function and, as the adrenals gain power after the stress, the fatigue and lethargy lessens.\* The adrenals are the first glands to feel the effects of stress, but are the primary glands to lead in the recovery from stress.\*

## How Adrenal POWER Powder works

The various high quality ingredients in Adrenal POWER Powder work together to ease the effects of stress on the body by supporting healthy adrenal function and providing a boost that promotes steady energy throughout the day without over-stimulating or driving the adrenal glands.\* It includes hormone-free, concentrated glandular extracts to provide important natural building blocks for the adrenal and related endocrine glands involved in the stress response; pH balanced vitamin C with bioflavonoids to meet the increased need for vitamin C during stress; specific key nutrients the adrenal glands need for healthy function and energy production; and extracts of organically grown herbs that have been shown to optimally support proper function of the organs and glands most depleted by stress.\* All of the ingredients in Adrenal POWER Powder are expertly formulated by Dr. Wilson to be in optimal forms and precise proportions to best facilitate healthy adrenal tissue and function, support the other endocrine glands affected by stress, and address low energy at its source.\*

## Differences between Adrenal POWER Powder and energy or protein powders and drinks

Adrenal POWER Powder is designed specifically to promote steady energy during times of stress or adrenal fatigue by providing a quick natural energy boost along with sustained targeted nutritional support for the adrenal glands and the other endocrine glands most affected by stress.\* It contributes to building and maintaining healthy structure and function in these glands, and does not drive them with stimulants.\* The adrenal glands and the hormones they manufacture play a significant role in generating and sustaining energy in the body. Energy and protein powders/drinks are not designed to support adrenal function or to explicitly address the nutritional needs created by stress. Protein powders/drinks provide supplemental protein for diets that require extra protein or an alternative source of protein. Energy powders/drinks often contain a stimulant such as caffeine combined with sugar that boosts energy by temporarily driving the adrenal glands and rapidly raising blood sugar levels. However, when a person is experiencing stress or adrenal fatigue, this can place additional stress on the adrenal glands and contribute to a subsequent deeper drop in energy and to further adrenal depletion.\*

## Energy Support without stimulants

Adrenal POWER Powder contains special nutritional factors that are directly involved in energy production in the body. It is formulated to provide a quick energy boost, without stimulants, and naturally enhance steady energy in several ways:\* The ingredients in this unique product are designed to support adrenal health; promote balanced cortisol levels integral to energy generation; and supply optimal ratios of B vitamins essential for the metabolism of carbohydrates into glucose (the cellular fuel for physical and mental energy).\* Stimulants like caffeine may make people feel temporarily better, but they can overwork the adrenals, use up their nutrient reserves and eventually wear them down. Adrenal POWER Powder does not contain any stimulants because it is designed to fortify and replenish the adrenals and the body's natural energy production process.\*